

Skim (per 250 ml serving)		
	Amount	% Daily Value
Calories	90	
Fat	0 g	0 %
Saturated	0 g	0 %
Trans Fat	0 g	
Cholesterol	0 mg	
Sodium	135 mg	6 %
Carbohydrate	13 g	4 %
Fibre	0 g	0 %
Sugars	13 g	
Protien	9 g	
Vitamin A		10 %
Vitamin C		0 %
Calcium		30 %
Iron		0 %
Vitamin D		45 %

1% (per 250 ml serving)		
	Amount	% Daily Value
Calories	110	
Fat	2.5 g	4 %
Saturated	1.5 g	8 %
Trans Fat	0 g	
Cholesterol	10 mg	
Sodium	130 mg	5 %
Carbohydrate	12 g	4 %
Fibre	0 g	0 %
Sugars	12 g	
Protien	9 g	
Vitamin A		10 %
Vitamin C		0 %
Calcium		30 %
Iron		0 %
Vitamin D		45 %

2% (per 250 ml serving)		
	Amount	% Daily Value
Calories	130	
Fat	5 g	8 %
Saturated	3 g	16 %
Trans Fat	0.1 g	
Cholesterol	20 mg	
Sodium	130 mg	5 %
Carbohydrate	12 g	4 %
Fibre	0 g	0 %
Sugars	12 g	
Protien	9 g	
Vitamin A		10 %
Vitamin C		0 %
Calcium		30 %
Iron		0 %
Vitamin D		45 %

Homo (per 250 ml serving)		
	Amount	% Daily Value
Calories	160	
Fat	8 g	13 %
Saturated	5 g	26 %
Trans Fat	0.2 g	
Cholesterol	35 mg	
Sodium	130 mg	5 %
Carbohydrate	12 g	4 %
Fibre	0 g	0 %
Sugars	12 g	
Protien	9 g	
Vitamin A		8 %
Vitamin C		0 %
Calcium		30 %
Iron		0 %
Vitamin D		45 %

Chocolate (per 250 ml serving)		
	Amount	% Daily Value
Calories	150	
Fat	2.5 g	4 %
Saturated	1.5 g	9 %
Trans Fat	0 g	
Cholesterol	10 mg	
Sodium	220 mg	9 %
Carbohydrate	25 g	8 %
Fibre	0 g	0 %
Sugars	24 g	
Protien	8 g	
Vitamin A		10 %
Vitamin C		4 %
Calcium		25 %
Iron		4 %
Vitamin D		45 %